

**Indira Gandhi National Open University**  
IGNOU, Study Centre – 2700, Regional Centre, Lucknow

**Online Counselling Sessions Schedule for CUL Programme**  
**July – 2020**

<b>S.No.</b>	<b>Date &amp; Day</b>	<b>Time-11:00 A.M. to 01:00 PM</b>
1.	03.01.2021 (Sunday)	OUL 1(Script & Pronunciation)
2.	10.01.2021 (Sunday)	OUL 2(Communication & Comprehensive Skills)
3.	17.01.2021 (Sunday)	OUL 1(Script & Pronunciation)
4.	24.01.2021 (Sunday)	OUL 2(Communication & Comprehensive Skills)
5.	31.01.2021 (Sunday)	OUL 1(Script & Pronunciation)
6.	07.02.2021 (Sunday)	OUL 2(Communication & Comprehensive Skills)

**Academic Counsellors :**

1. Mr.Aziz Raza, Mob.: 9415447285

**(Coordinator)**

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**Online Counselling Sessions Schedule for CAL Programme**  
**July – 2020**

<b>S.No.</b>	<b>Date &amp; Day</b>	<b>Time -11:00 A.M. to 01:00 PM</b>
1.	03.01.2021 (Sunday)	BAL 1(Basics of Arabic)
2.	10.01.2021 (Sunday)	BAL 2(Communication Skills)
3.	17.01.2021 (Sunday)	BAL 1(Basics of Arabic)
4.	24.01.2021 (Sunday)	BAL 2(Communication Skills)
5.	31.01.2021 (Sunday)	BAL 1(Basics of Arabic)
6.	07.02.2021 (Sunday)	BAL 2(Communication Skills)

**Academic Counsellors :**

1. Dr. Aijaz Ahmad, Mob.: 8604643968

(Coordinator)

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**Online Counselling Sessions Schedule for CFL Programme**  
**July -2020**

<b>S.No.</b>	<b>Date &amp; Day</b>	<b>Time</b>
1.	27.12.2020(Sunday)	BFLI 1 (Talking About Oneself) <b>(01:00 PM to 2:00 PM)</b>
2.	28.12.2020(Monday)	BFLI 2(Interaction) <b>(01:00 PM to 2:00 PM)</b>
3.	30.12.2020(Wednesday)	BFLI 3(Space) <b>11:00 A.M. to 01:00 PM</b>
4.	03.01.2021(Sunday)	BFLI 4(Time) <b>11:00 A.M. to 01:00 PM</b>
5.	10.01.2021 (Sunday)	BFLI 1 (Talking About Oneself) <b>11:00 A.M. to 01:00 PM</b>
6.	17.01.2021 (Sunday)	BFLI 2(Interaction) <b>11:00 A.M. to 01:00 PM</b>
7.	24.01.2021 (Sunday)	BFLI 3(Space) <b>11:00 A.M. to 01:00 PM</b>
8.	31.01.2021 (Sunday)	BFLI 4(Time) <b>11:00 A.M. to 01:00 PM</b>
9.	07.02.2021 (Sunday)	BFLI 1 (Talking About Oneself) <b>11:00 A.M. to 01:00 PM</b>

**Academic Counsellors :**

1. Dr. Anoop Anand, Mob.: 9335815245

**(Coordinator)**

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**Online Counselling Sessions Schedule for CRUL Programme**

**July – 2020**

<b>S.No.</b>	<b>Date &amp; Day</b>	<b>Time</b>
1.	27.12.2020(Sunday)	ORU 001(Communication Skills-I) <b>11:00 A.M. to 12:00 Noon</b>
2.	03.01.2021(Sunday)	ORU 002(Communication Skills-II) <b>11:00 A.M. to 01:00 PM</b>
3.	10.01.2021 (Sunday)	ORU 001(Communication Skills-I) <b>11:00 A.M. to 01:00 PM</b>
4.	17.01.2021 (Sunday)	ORU 002(Communication Skills-II) <b>11:00 A.M. to 01:00 PM</b>
5.	24.01.2021 (Sunday)	ORU 001(Communication Skills-I) <b>11:00 A.M. to 01:00 PM</b>
6.	31.01.2021 (Sunday)	ORU 002(Communication Skills-II) <b>11:00 A.M. to 01:00 PM</b>

**Academic Counsellors :**

1. Dr. Pushp Ranjan, Mob.: 7800750057

**(Coordinator)**

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**Online Counselling Sessions Schedule for CSLC Programme**

**July –2020**

<b>S.No.</b>	<b>Date &amp; Day</b>	<b>11:00 A.M. to 01:00 PM</b>
1.	03.01.2021(Sunday)	BSL 1(Basics of Spanish Language and Culture-I)
2.	10.01.2021 (Sunday)	BSL 2(Basics of Spanish Language and Culture-II)
3.	17.01.2021 (Sunday)	BSL 1(Basics of Spanish Language and Culture-I)
4.	24.01.2021 (Sunday)	BSL 2(Basics of Spanish Language and Culture-II)
5.	31.01.2021 (Sunday)	BSL 1(Basics of Spanish Language and Culture-I)
6.	07.02.2021 (Sunday)	BSL 2(Basics of Spanish Language and Culture-II)

**Academic Counsellors :**

1. Shri Naveen Kumar, Mob.: 9971871939

**(Coordinator)**

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**Online Counselling Sessions Schedule for CFN Programme**

**July –2020**

<b>S.No.</b>	<b>Date &amp; Day</b>	<b>11:00 A.M. to 01:00 PM</b>
1.	03.01.2021(Sunday)	CFN 1 (You and Your Food)
2.	10.01.2021 (Sunday)	CFN 2 (Your Food and its Utilization)
3.	17.01.2021 (Sunday)	CFN 3 (Economics of Food )
4.	24.01.2021 (Sunday)	CFN 1 (You and Your Food)
5.	31.01.2021 (Sunday)	CFN 2 (Your Food and its Utilization)
6.	07.02.2021 (Sunday)	CFN 3 (Economics of Food )

**Academic Counsellors :**

1. Swati Ahluwalia, Mob.: 9454710555

**(Coordinator)**

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**Online Counselling Sessions Schedule for CES Programme**

**July –2020**

<b>S.No.</b>	<b>Date &amp; Day</b>	<b>11:00 A.M. to 01:00 PM</b>
1.	03.01.2021(Sunday)	AHE 1 Human Environment (without AHE Project)
2.	10.01.2021 (Sunday)	TS 5 Ecology, Environment and Tourism
3.	17.01.2021 (Sunday)	AHE 1 Human Environment (without AHE Project)
4.	24.01.2021 (Sunday)	TS 5 Ecology, Environment and Tourism
5.	31.01.2021 (Sunday)	AHE 1 Human Environment (without AHE Project)
6.	07.02.2021 (Sunday)	TS 5 Ecology, Environment and Tourism

**Academic Counsellors :**

1. Dr. Gyaneshwar Shukla, Mob.: 9044330406

**(Coordinator)**

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**Online Counselling Sessions Schedule for CFE Programme**

**July –2020**

<b>S.No.</b>	<b>Date &amp; Day</b>	<b>11:00 A.M. to 01:00 PM</b>
1.	03.01.2021(Sunday)	BEG 4 (English in Daily Life)
2.	10.01.2021 (Sunday)	BEG 5 (English in Education)
3.	17.01.2021 (Sunday)	BEG 6 (Joining the Work Force)
4.	24.01.2021 (Sunday)	BEG 4 (English in Daily Life)
5.	31.01.2021 (Sunday)	BEG 5 (English in Education)
6.	07.02.2021 (Sunday)	BEG 6 (Joining the Work Force)

**Academic Counsellors :**

1. Mr. Shashikant Mishra , Mob.: 9198512963

**(Coordinator)**